

# ESSENTO INSECT PROTEIN BARS

**essento**<sup>®</sup>  
MAKING INSECTS DELICIOUS

Swiss Made Sports Food without compromise: innovative, delicious and sustainable. During a workout, a hike or a snack in the office – the Essento Insect Protein Bars are always right..

## ABOUT THE BARS

- ✓ Sustainable protein source\*  
4,5g protein / bar
- ✓ Rich in fibre  
7,g fibre / bar
- ✓ Source of vitamin B12 (natural through cricket powder)  
1µg of vitamin B12 / bar (25% of daily need\*\*)
- ✓ Without added sugar
- ✓ Lactose free (without whey)
- ✓ Developed and produced in Switzerland
- ✓ BBD 365 days as of production

\* contains all the essential 9 amino acids

\*\*reference by the DGE for vitamin B12



SWISS  
MADE



GOOD  
FOR YOU



IT'S  
DELICIOUS



PLANET  
BASED



**Essento Insect Protein Bar  
Berry Almond**



**Essento Insect Protein Bar  
Raw Cacao**

## ABOUT ESSENTO - ENTO PIONEER

Essento is the pioneer in the edible insect sector in Europe with the vision to create a more sustainable food system. In our own production plant our passionate team develops and produces bars, snacks and convenience products. Since 2017 Essento successfully sells its products in retail, food service and via its online channels.

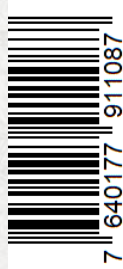
[essento.eu](http://essento.eu)

## PRODUCT INFORMATION



### Essento Insect Protein Bar Berry Almond

Box with 15 bars of 35g  
SKU 33 054  
GTIN box: 7640177911087



### Essento Insect Protein Bar Raw Cacao

Box with 15 bars of 35g  
SKU 33 053  
GTIN box: 7640177911063



## INGREDIENTS

Chicory root fibres, date paste, **cricket powder (Acheta domesticus)** 14%, cocoa butter, sultanas, **almonds** 11%, cranberries 3%, beetroot powder, psyllium husk fibres, natural aroma.

Chicory root fibres, date paste, **cricket powder (Acheta domesticus)** 13%, cocoa powder 13%, cocoa butter 13%, sultanas, cocoa nibs 8%, psyllium husk fibres, natural aroma.

## NUTRITION VALUES

	Per 100g
Energy	1695 kJ / 405 kcal
Fat	23 g
of which saturates	9.9 g
Carbohydrates	29 g
of which sugar	22 g
Fibre	21 g
Protein	13 g
Salt	0.2 g
Vitamin B12	3.31 µg

	Per 100g
Energy	1623 kJ / 388 kcal
Fat	22 g
of which saturates	12 g
Carbohydrates	26 g
of which sugar	17 g
Fibre	24 g
Protein	13 g
Salt	0.2 g
Vitamin B12	3.03 µg

Place your order at [shop@essento.eu](mailto:shop@essento.eu)

#### Allergy information on insects

People allergic to molluscs, crustaceans and/or dust mites may be allergic to insects.